

# JANUARY

2019



I'm  
**ORANGE  
STAR**

**GOOD  
EATS AT**

**JOAQUIN ISD RAM CAFÉ**  
Breakfast Menu  
Elementary \$1.75  
Junior High \$1.75  
High School \$1.75  
Adult \$2.25

**SPECIAL  
ANNOUNCEMENTS**

Choice of milk everyday:  
White 1% Low Fat or  
Flavored Fat Free.

Menus are subject to change  
without notice.

M	T	W	TH	F
SCHOOL HOLIDAY 1	SCHOOL HOLIDAY 2	SCHOOL HOLIDAY 3	SCHOOL HOLIDAY 4	
<i>Bacon-n-Egg</i> Cheese Biscuit Assorted Cereals Buttered Toast Sliced Pears Assorted Juice Grape Jelly 7	Kolache Assorted Cereals Cheese Toast <i>Diced Peach Cup</i> Assorted Juice 8	<i>Blueberry Pancakes</i> Syrup Assorted Cereals Yogurt Applesauce Assorted Juice 9	<i>Sausage-n-Biscuit</i> w/Jelly Assorted Cereals Pop tart <i>Orange Wedges</i> Assorted Juice 10	Donut Assorted Cereals Cinnamon Toast Cheese Stick Applesauce Cup Assorted Juice 11
Egg & Cheese Croissant Assorted Cereals Buttered Toast Sliced Pears Assorted Juice Grape Jelly 14	Hot Pocket Assorted Cereals Cheese Toast <i>Diced Peach Cup</i> Assorted Juice 15	<i>Pancake on Stick</i> Syrup Assorted Cereals Yogurt Apple Slices Assorted Juice 16	<i>Sausage-n-Biscuit</i> w/Jelly Assorted Cereals Pop tart <i>Orange Wedges</i> Assorted Juice 17	Honey Bun Assorted Cereals Grape Crescent Filled Cheese Stick Applesauce Cup Assorted Juice 18
SCHOOL HOLIDAY 21	<i>Scramble Egg</i> w/Bacon Assorted Cereals Cheese Toast <i>Diced Peach Cup</i> Assorted Juice 22	<i>Mini Maple Waffle</i> Syrup Assorted Cereals Yogurt Applesauce Assorted Juice 23	<i>Sausage-n-Biscuit</i> w/Jelly Assorted Cereals Pop tart <i>Orange Wedges</i> Assorted Juice 24	Donut Holes Assorted Cereals Cinnamon Toast Cheese Stick Applesauce Cup Assorted Juice 25
<i>Bacon-n-Egg</i> Cheese Biscuit Assorted Cereals Buttered Toast Sliced Pears Assorted Juice Grape Jelly 28	Breakfast Wrap w/Sauce Assorted Cereals Cheese Toast <i>Diced Peach Cup</i> Assorted Juice 29	Breakfast Pizza Assorted Cereals Yogurt Apple Slices Assorted Juice 30	<i>Sausage-n-Biscuit</i> w/Jelly Assorted Cereals Pop tart <i>Orange Wedges</i> Assorted Juice 31	



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



This product was funded by USDA.  
This institution is an equal opportunity provider.



# ORANGE STAR

Orange



Orange Star started out as a little orange blossom that hung on a branch in a grove in Healthyville. During his first winter an early frost caused ice crystals to form all around him. Just as he was about to freeze, the sun hit the crystals in a magical way. Two months later he ripened into a nutritious, fully grown orange and wanted to take the world by storm but did not know how.

Then suddenly, as he fell from the top of the tree, a burst of vitamins shot out like bolts of lightning from his hands as he broke his fall. He discovered he could throw bursts of vitamins to all of the young orange blossoms and they could grow up into nutritious snacks for kids around the world. To this day, Orange Star travels the world turning ordinary orange blossoms into flavorful, nutrient rich oranges that are great snacks for kids to enjoy.

## FUN FACTS

Oranges are grown throughout the world in tropical and subtropical areas, but they achieve the best quality under subtropical conditions. For the most part, the warm, humid conditions of South Texas produce a thin-skinned, yellowish orange fruit with yellowish orange flesh that is quite sweet and juicy.

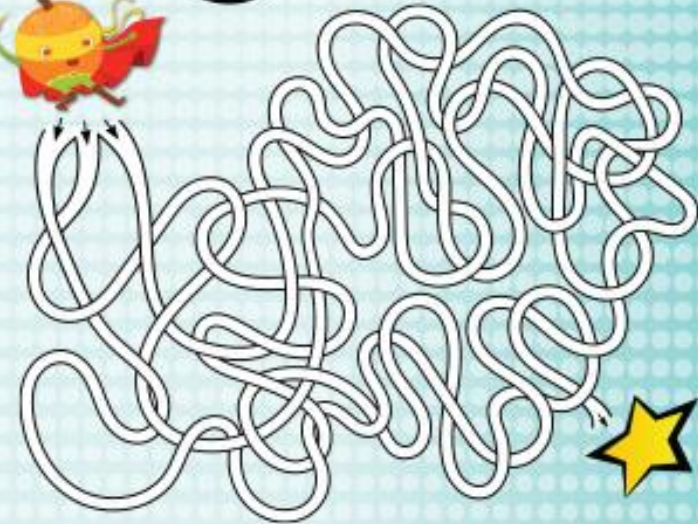


**ORANGE STAR'S FAVORITE ACTIVITIES**  
Traveling and Swimming



## MAZE

Color the path that will lead the superhero to his missing star.



**POW!**  
ARCH ENEMY  
Fruit Flies

## JOKE OF THE MONTH

Q: Why do oranges wear suntan lotion?

A: Because they peel.

Sources: Texas A&M and Agriflife Extension

Answer: Path #3



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Junior High \$2.50  
High School \$2.75  
Adult \$3.50

**SPECIAL  
ANNOUNCEMENTS**

Snack Bar  
Drinks \$1.00 Chips \$1.00  
Cookies \$ .50 Ice Cream \$1.00  
Rice Krispies Treat \$1.00  
Entrée \$2.00 Side Dishes \$1.00  
**Must have cash for snack bar.**  
**No Charging Snacks.**

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M	T	W	TH	F
SCHOOL HOLIDAY 1	SCHOOL HOLIDAY 2	SCHOOL HOLIDAY 3	SCHOOL HOLIDAY 4	
Hoagie Melt Chicken Noodle Soup Stuffed Crust Pizza Green Beans Healthy Salad w/Dressing Icее Strawberry Cup Pears w/Cherry Top 7	BBQ Sandwich Cheese Fries Baked Beans Glazed Carrots Veggie Bar w/Dressing Peach w/Marshmallows Mixed Grapes 8	Salisbury Steak Mashed Potatoes w/Gravy Sweet Peas Whole Grain Roll Mix Fruit Applesauce 9	Big Daddy's Pizza Crispy Tacos w/Salsa Sweet Corn Chili Beans Veggie Bar w/Dressing Orange Smiles Mango Chunks 10	Chicken or Hamburger on Bun Sliced Cheese Fries Mix Vegetable Salad Burger Veggies Applesauce Cup Strawberry Fruit Slush 11
Sub Sandwich Chicken Rice Soup French Bread Pizza Green Beans Healthy Salad w/Dressing Frosty Peach Cup Blushing Pears 14	Chef Salad Chicken Spaghetti Black-Eyed Pea Cinnamon Sweet Potatoes Veggie Bar w/Dressing Corn Bread Banana Mandarin Oranges 15	Boneless Chicken Wing Mashed Potatoes w/Gravy Mix Vegetables Whole Grain Roll Fruit Bowl Apple Slices 16	Taco Salad Big Daddy's Pizza Asian Glazed Chicken Fried Rice Buttered Corn Orange Wedges Mango Chunks 17	Chicken or Hamburger on Bun Sliced Cheese Fries Green Pea Salad Burger Veggies Applesauce Cup Sour Cherry Fruit Slush 18
SCHOOL HOLIDAY 21	Chef Salad Hot Dog w/Chili Corn Chips Baked Beans Sweet Glazed Carrots Veggie Bar w/Dressing Peach w/Marshmallows Mixed Grapes 22	Chicken Tenders Mashed Potatoes w/Gravy Sweet Peas Whole Grain Roll Mix Fruit Applesauce 23	Taco Salad Big Daddy's Pizza Beef Burrito w/Queso Sweet Corn Chili Beans Veggie Bar w/Dressing Orange Smiles Mango Chunks 24	Chicken or Hamburger on Bun Sliced Cheese Fries Mix Vegetable Salad Burger Veggies Applesauce Cup Raspberry Fruit Slush 25
Grilled Cheese sandwich Vegetable Soup French Bread Pizza Green Beans Healthy Salad w/Dressing Frosty Peach Cup Blushing Pears 28	Chef Salad Spaghetti w/Meat Sauce Sweet Peas Cinnamon Sweet Potatoes Veggie Bar w/Dressing Garlic Bread Banana Mandarin Oranges 29	Chicken Chunk Mashed Potatoes w/Gravy Mix Vegetables Whole Grain Roll Fruit Bowl Applesauce 30	Taco Salad Big Daddy's Pizza Chicken Quesadilla Buttered Corn & Salsa Season Pinto Beans Veggie Bar w/Dressing Orange Wedges Mango Chunks 31	

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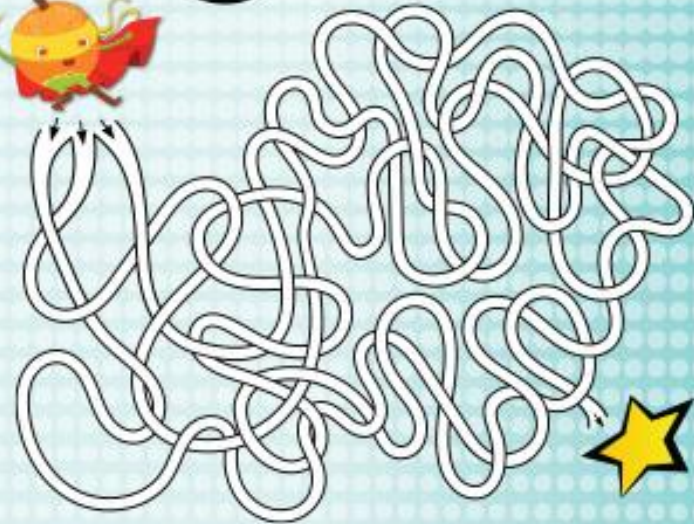


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